Fall 2020
10th Grade Presentation
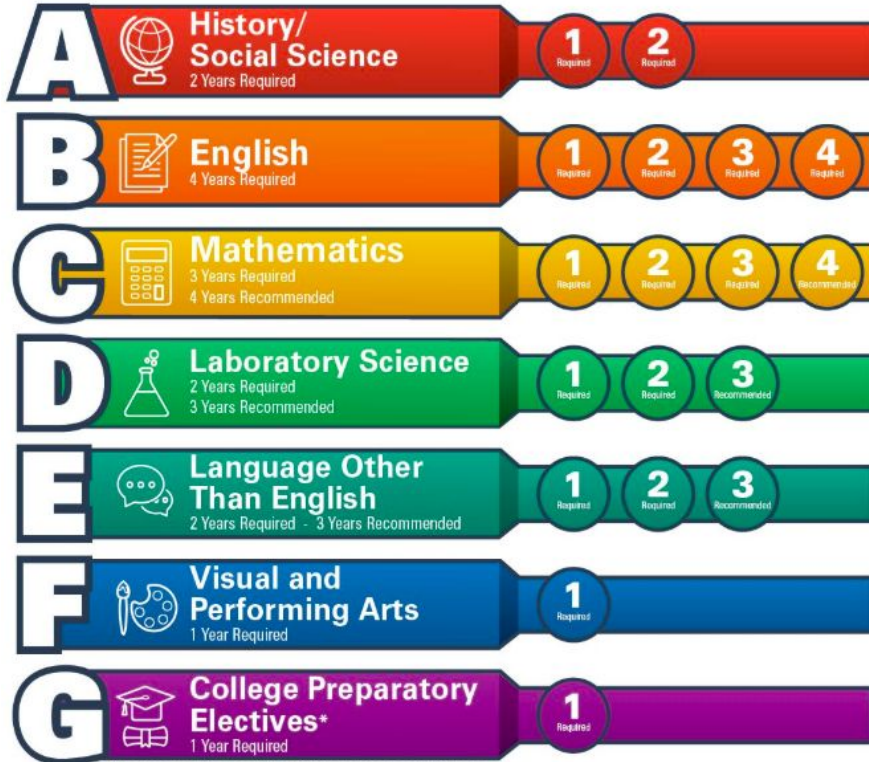
Sequoia Counselors
Fall 2020

Objectives

-Review SHS graduation requirements

-Review A-G Requirements

-Review Cal Grant eligibility requirements

-Review your high school transcript

-Complete a Career Interest Survey (CA Career Zone)

-Identify your Holland Code(s) and one career of interest to you

Academics: Sequoia Graduation Requirements

Credits: 220 total credits required in each of the areas below

- **40 credits** of English
- **35 credits** of Social Studies
- **20 credits** of Science (10 credits must be lab)
- **20 credits** Math (10 credits Algebra & 10 credits Geometry)
- **10 credits** of Visual & Performing Arts
- **10 credits** of Career Technical Ed (CTE) **OR** 3rd level of World Language
- **20 credits** of P.E. (OR 10 credits may be met through 3 seasons of sports in grades 10-12)
- **2.5 credits** of Life Skills
- **62.5 credits** of Electives

Post-Secondary: A-G Requirements

History/Social Science
2 Years Required

English
4 Years Required

Mathematics
3 Years Required
4 Years Recommended

Laboratory Science
2 Years Required
3 Years Recommended

Language Other Than English
2 Years Required - 3 Years Recommended

Visual and Performing Arts
1 Year Required

College Preparatory Electives*
1 Year Required

*Any courses taken in excess of the minimum required in any subject area may count toward the fulfillment of the College Preparatory Elective requirement

A-G Requirements
UC/CSU 4 year colleges

- Students must complete **A-G courses** and earn a "C-" or higher to be **_eligible_** for admission.
- Students are encouraged to exceed the minimum requirements to be **_competitive!_**

Minimum eligibility for 4- year college admissions

- **Take the SAT and/or ACT exams- TBD*****
- **Maintain C's or better for A-G eligibility requirements. If you receive a D or F in a required course, colleges will not accept it as passing. Consult with counselor for some specific exceptions.**
- **Maintain a strong GPA, recommended 3.0 or better**

MORE POST-SECONDARY OPTIONS

- **CALIFORNIA COMMUNITY COLLEGES**
  - EARN ASSOCIATE DEGREE AND/OR CERTIFICATE
    - Examples of Certificate programs: Early Childhood Education, Medical Assisting, Veterinary Technician, Respiratory Therapy, Pharmacy Technician, Automotive Technician, etc.
- **TRADE SCHOOLS, VOCATIONAL SCHOOLS, OR APPRENTICESHIPS**
  - DESIGNED TO TRAIN STUDENTS FOR A SPECIFIC JOB IN A SKILLED TRADE CAREER
    - Examples: Welding, Electrician, Construction, Carpentry, Sheet Metal, Plumbing, Automotive, etc.
- **JOBTRAIN**-(Menlo Park) Career Training in the following areas: Nursing Assitant, Culinary Arts, Building Maintainance, Medical Assistance, Carpentry
- **AMERICORPS, YEAR UP, CITY YEAR**- Service programs that engage adults in public service work with the goal of helping others.
- **MILITARY:** Army, Marine Corps, Navy, Air Force, etc.

Type of Cal Grant Award

Cal Grant A: 3.0 and higher

-up to $12,630 at a University of California Campus

-up to $5,742 at a California State University Campus

-up to $9,084 at an independent college

Cal Grant B: 2.0-2.9

-up to $1,672 at a University of California Campus or California State University Campus

Cal Grant C: no minimum

-used toward technical or trade school

-up to $1094 for books, equipment and $2,462 for tuition and fees

-available for maximum of two years

TRANSCRIPT

Understanding your transcript is part of preparing.

TRANSCRIPT

1) Go to **ic.seq.org**
2) **Log-in**

username - student ID

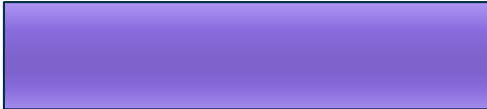password - first initial, last initial, 6 digit birthday

3) Click on **DOCUMENTS**
4) Click on **Unofficial Transcript**

TRANSCRIPT SAMPLE

GPA's aim for 3.0 or better for each one

District Name: Sequoia Union High
Sequoia High School Official Transcript
Tel: (650)367-9780   Fax: (650)562-3246
1201 Brewster Ave, Redwood City, CA 94062

Student Information

Student Number:
Birthdate:
State ID:
Counselor:
Place of Birth:

Guardian:
Diploma Type:
Diploma Date:

GPA Summary

Cumulative GPA (Weighted)	3.032
Cumulative GPA (Unweighted)	2.989
CA Cal Grant GPA	3.167
Weighted 10-12 A-G GPA	3.031

#4136693 Sequoia High School

Course	Mark	Weight	Credit
2008-2009 Grade 09 Term 1			
160011 PE-1 Q1	A	2.5000	2.5
Credit: 2.500 GPA: 4.000 U/W GPA: 4.000			
2008-2009 Grade 09 Term 2			
R132407 Algebra I-P	B-	5.0000	0
R173082 Biology - ICAP-P	D		0
051077 English I - P	B	5.0000	5
160012 PE-1 Q2	A	2.5000	2.5
077260 Spanish II-NS-P	B+	5.0000	5
191100 World Stdy 1-P	C	5.0000	5
Credit: 17.500 GPA: 2.889 U/W GPA: 2.889			

#4136693 Sequoia High School

Course	Mark	Weight	Credit
2009-2010 Grade 10 Term 2			
173401 Acad BioTec Hlth-P	C	5.0000	5
132400 Algebra I-P	A	5.0000	5
052079 English II-P	A+	5.0000	5
077360 Spanish III-NS-P	B+	5.0000	5
232100 Web Based Design	A-	5.0000	5
191300 World Studies 3-P	B	5.0000	5
Credit: 30.000 GPA: 3.333 U/W GPA: 3.333			
2009-2010 Grade 10 Term 3			
166760 PE F/S Soccer	A	2.5000	2.5
Credit: 2.500 GPA: 4.000 U/W GPA: 4.000			
2009-2010 Grade 10 Term 4			
173401 Acad BioTec Hlth-P	B	5.0000	5
132400 Algebra I-P	A-	5.0000	5
052079 English II-P	B	5.0000	5
077360 Spanish III-NS-P	A+	5.0000	5
232100 Web Based Design	A	5.0000	5
191300 World Studies 3-P	C+	5.0000	5
Credit: 30.000 GPA: 3.333 U/W GPA: 3.333			
2010-2011 Grade 11 Term 2			
016600 Ceramics I-P	A-	5.0000	5
174000 Chemistry-P	B	5.0000	5
053000 English III-P	C+	5.0000	5
133001 Geometry S1-P	B-	5.0000	5
078090 IB SpanishA2-Y4-HP	A	5.0000	5
192000 US History-P	B-	5.0000	5
Credit: 30.000 GPA: 3.333 U/W GPA: 3.167			
2010-2011 Grade 11 Term 3			
166780 PE Var. Soccer	A	2.5000	2.5
Credit: 2.500 GPA: 4.000 U/W GPA: 4.000			
2010-2011 Grade 11 Term 4			

#4136693 Sequoia High School

Course	Mark	Weight	Credit
2011-2012 Grade 12 Term 3			
166780 PE Var. Soccer	A	2.5000	2.5
164310 PE-WeightTrain	A	2.5000	2.5
Credit: 5.000 GPA: 4.000 U/W GPA: 4.000			
2011-2012 Grade 12 Term 4			
133600 Algebra II/Trig-P	D	5.0000	5
194000 Economics-P	B-	5.0000	5
054000 English IV-P	B	5.0000	5
164340 PE-WeightTrain. Q4	A	2.5000	2.5
175000 Physics-P	C	5.0000	5
Credit: 22.500 GPA: 2.444 U/W GPA: 2.444			

#071 Sequoia Summer School

Course	Mark	Weight	Credit
2008-2009 Grade 09 Term 9			
173082 Biology-ICAP sem 1	C-	5.0000	5
Credit: 5.000 GPA: 2.000 U/W GPA: 2.000			

Work In Progress

Result: PASSED

Note: Standard Test scores within this transcript represent the student's best scores only and may consist of scores from multiple administrations of the assessment. Therefore, the composite score should not be interpreted to be comprised of the subtest.

UNDERSTANDING YOUR GPAs

Cumulative Weighted: Includes all courses.

- Honors (AS/AP/IB) courses calculated w/ 5.0 scale.
- Regular courses calculated w/ 4.0 scale.

Cumulative Unweighted: Includes all courses.

- All courses calculated using 4.0 scale

CA Cal Grant GPA: 10th & 11th grade

- Unweighted
- Excludes PE, remedial, & support courses
- Students must apply for FAFSA or Dream Act

GPA Summary	
Cumulative GPA (Weighted)	4.107
Cumulative GPA (Unweighted)	3.821
CA Cal Grant GPA	3.708
Weighted 10-12 A-G GPA	4.161

#4136693 Sequoia High School

Course	Mark	Weight	Credit
2013-2014 Grade 09 Term 1			
203000 Life Skills		2.5000	2.5
	A+	2.5000	2.5
U/W GPA: 4.000			
Term 2			
	A	5.0000	5
	A	5.0000	5
	CR	0.0000	0
	A-	5.0000	5
071100 French I-P	A	5.0000	5
161410 PE-Dance-P	A+	2.5000	2.5
175000 Physics-P	A	5.0000	5
191100 World Stdy 1-P	A+	2.5000	2.5
Credit: 30.000 GPA: 4.000 U/W GPA: 4.000			
2013-2014 Grade 09 Term 3			
161410 PE-Dance-P	A	2.5000	2.5
Credit: 2.500 GPA: 4.000 U/W GPA: 4.000			
2013-2014 Grade 09 Term 4			
140500 Advanced Band-P	A	5.0000	5
133600 Algebra II/Trig-P	A	5.0000	5
051182 English I ICAP-P	A	5.0000	5
071100 French I-P	A	5.0000	5
161410 PE-Dance-P	A	2.5000	2.5
175000 Physics-P	A	5.0000	5
191200 World Studies 2-P	A	5.0000	5
Credit: 32.500 GPA: 4.000 U/W GPA: 4.000			

Weight here refers to number of points given for credits earned